PLUS II
Dynamic Mattress Replacement System
Instructions for use
Important Notice

Before operating this medical equipment, it is important to read these instructions for use and understand the operating instructions and safety precautions. Failure to do so could result in injury and/or damage to the product.

If you have any questions, please see the contact information on the rear cover.

CE

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INTRODUCTION

Plus II Dynamic Mattress Replacement System

Thank you for choosing a Plus II Dynamic Mattress Replacement System. These instructions for use should be read carefully before using the mattress as it contains important information regarding the safe operation and maintenance of the product in order to provide long lasting and reliable service.

Please ensure that you understand all the instructions, if you have any questions concerning the operation and maintenance of the mattress please contact your supplier who will provide you with expert professional advice.

Plus II Mattress System

The box contains an assembled mattress system consisting of:

A. Plus II Alternating Dynamic System
B. Digital Control Unit
C. Power Cord
D. Carry Bag
E. Instructions for use
SAFETY PRECAUTIONS

In General

Warning

- Do not use this equipment in the presence of flammable anaesthetics or in oxygen rich environments.
- Keep away from sources of heat and naked flames.
- Occupants and users of this equipment must never smoke in close proximity to the control unit, mattress or bedding being used with it - Risk of fire.
- Bed frames used with the systems can vary greatly depending on the specific healthcare setting (i.e. hospitals, nursing homes, home care etc). It is the responsibility of the carer to carry out the necessary risk assessments to ensure the safety of the patient. This includes, but is not limited to, the appropriate use of side rails to prevent falls and/or patient entrapment.
- Minimise articles (e.g. bedding) between the mattress surface and patient, and secure bed sheets loosely so as not to affect the alternating cell movement.
- When in normal use the mattress control unit must be connected to an appropriate power source at all times.
- Children and pets are to be kept away from the mattress system at all times.
- The mattress system must be installed and operated in accordance with the details in these instructions for use.

Control Unit

Warning

- The control unit is tested and CE marked in line with Medical Device Directive (93/42/EEC).
- Only plug into a mains socket using the mains cable supplied with the system.
- Exposure of the control unit to any liquid while it is plugged in could result in a severe electrical hazard.
- Only use fuses that have the same specified rating. Using fuses with higher ratings could result in damage and/or injury. (See Technical Specification on page 17).
- The control unit is a precision electronic product. Use care when handling or transporting it. Dropping or other sudden impacts may result in damage to the unit.
- Do not open the control unit – risk of electrical shock. Do not attempt to repair or service the control unit. Repairs and service should be conducted by suitably trained personnel. If the control unit is not functioning properly, or has been damaged, unplug the unit and take it out of service immediately (see the contact information on the rear cover for repair and service information).
- Do not place any objects or items, such as blankets, on or over the control unit.
- The mains cable to the control unit should be correctly positioned to avoid a tripping hazard and/or damage to the cable. It is recommended to place the cable under the bed frame and attach it to a mains socket by the head end of the bed.
- No modification of the control unit or mattress is allowed without the permission of Sidhil Ltd.
- The RF emissions from the mattress control unit are very low and are not likely to cause any interference to nearby electronic equipment, however interference to sensitive equipment is possible.
PRODUCT OVERVIEW

Alternating Mattress System (see Technical Specification page 17)

The Plus II Dynamic Mattress Replacement System is intended to provide comfort and pressure relief to patients vulnerable to pressure damage. It is designed for use on both standard and profiling bed frames. Ideally, patients allocated to this system will have some degree of independent mobility or can be repositioned according to individual needs.

For assistance in setting up, using or maintaining this mattress system or to report unexpected operation refer to the contact details found on the back of this booklet or at www.sidhil.com or via your local distributor.

⚠️ The maximum patient weight limit is 177kgs (28 stone).

Mattress

This system includes three static head cells to provide static support for optimum user comfort, while air pressure in the other cells is alternated over a 12 minute cycle. This provides regular periods of pressure reduction to aid blood and lymphatic flow to vulnerable tissue.

Control Unit

The control unit provides the air supply to the mattress.

- It is controlled via a touch panel with integrated digital display. The alarm sounds when low pressure is detected or when power is interrupted. The alarm mute function silences the alarm for a maximum of 20 minutes – the alarm resumes if the cause of failure is not resolved. The alarm will sound for up to two hours following an interruption to power.

- The control unit includes a back up battery for the audible alarm. This battery is continuously re-charged and will last the life time of the product.

- Functions on the control panel adjust the 8 comfort level settings.

- When a fault condition exists a warning LED is illuminated with an audible alarm.

The visible and audible alarm function has a number of indications depending on the cause of the failure (see ‘Troubleshooting’ section on page 13).

⚠️ If the mains cable becomes detached the alternation sequence is suspended and the mattress cells remain inflated and/or deflated based on the current cycle. The audible alarm will sound.
Any damaged or missing components should be reported to your supplier as soon as possible.

**System Installation**

The following describes the procedures for the initial system set up:

a. Remove all covers, sheets and mattress from the bed.

b. On a standard bed, position the mattress on top of the bed frame, top cover facing upwards and air hoses at the foot of the bed for control unit positioning.

c. Attach to the bed frame by securing the adjustable straps loosely under each section of the bed.

On a profiling bed, secure the adjustable straps around the moveable sections of the bed frame.

d. To avoid any risk of damage to the mattress ensure there are no sharp objects which may come in contact with it.

Warning: Check that the attachment of the mattress does not interfere with the movement or operation of the bed.

e. Ensure the CPR tag sealing connectors are pushed firmly onto the air pipes.

**Control Unit Activation**

a. Position the control unit by hanging the hooks over the foot board or place the unit on the floor under the bed with the front facing upwards. Ensure the rear of the unit is not obstructed by carpet, rugs etc. It is advisable to place the unit on a firm surface.

b. Attach the air connector handle to the control unit. Ensure air hoses do not kink between frame and control unit.

c. Insert mains cable into the control unit, plug into a mains socket.

d. Press the power button for at least two seconds to activate the control unit. The pressure LED's will flash indicating the system has activated. The system will be ready for use in a maximum of 50 minutes.

e. When initial inflation is complete, the 4th pressure LED and the alternating mode LED will illuminate to indicate the system is ready for use (system automatically defaults to alternating mode at start-up).

f. Once inflated, ensure the straps that attach the mattress to the bed frame are secure and hold the mattress in place, adjust as necessary.

g. Once the mattress is fully inflated, the bedding can be replaced. Secure sheets loosely enough to ensure they do not interfere with cell alternation.
INSTALLATION

To attach the handle to the control unit

1) Depress the lever on the top of the handle.
2) Aligning the ports on the handle with those on the control box, firmly push the handle into position.
3) Release the lever, ensuring this has engaged onto the catch connected to the control box.

To remove the handle to the control

1) Depress the lever on the top of the handle.
2) Pull the handle away from the control unit.

Warning

• Avoid placing the mattress system in direct sunlight.
• Avoid placing the mattress system in a moisture rich environment.
• Keep away from sources of heat and naked flames (e.g. fireplaces, electric fires, fan heaters etc).
• Consideration is to be taken in the positioning of the mains cable and air hose to minimise the risk of accidental strangulation resulting from baby or child entanglement – if clipping/routing points are available on the bed frame it is recommended that these are used.
• It can be unsafe to use accessories not approved by Sidhil Ltd. in conjunction with this mattress system, if in doubt contact Sidhil Ltd. or your local distributor.
• Wireless communications equipment such as wireless home network devices, mobile phones, cordless telephones including their base stations and walkie-talkies could all affect the operation of the mattress system and should be kept a minimum distance away. If the mattress system or any alternative equipment is found to be operating abnormally mitigation measures should be taken, such as the separation distances being increased and/or the products being re-orientated - see page 22 for separation distance detail. (Example: for a typical mobile phone with a maximum output power of 2W it yields a separation distance of 3.3m from the control unit).
Control Unit Panel

A. Power Button
Turns system on/off by pressing for at least 2 seconds.

B. Alarm LED
The red LED flashes and an audible alarm sounds when a fault condition has arisen in the control unit or mattress.

C. Alarm Mute Button
Silences the audible alarm. The audible alarm will resume after 20 minutes if the cause of failure is unresolved.

The audible alarm also sounds when the power is switched off – press alarm mute to silence.

D. A/S Button
Selecting alternating mode cyclically inflates and deflates the cells in sequence.

Selecting static mode fully inflates all cells with no dynamic alternation.

Static mode will automatically revert to alternation mode after 1 hour for patient safety.

E. Pressure ‘+/-’ Buttons
Press ‘+/-’ to increase or decrease the pressure setting. There are 8 available pressure settings from soft to firm (18mmHg to 60mmHg; 6mmHg per step). The green LED’s illuminate to indicate which of the 8 settings is operational.

F. Max Button
Pressing the ‘max’ button facilitates rapid inflation to the maximum pressure setting (60mmHg), the orange ‘static’ LED will illuminate. After 20 minutes, the system automatically reverts back to the previous pressure setting for patient safety.

If this function requires cancellation prior to the system automatically switching back to the previous setting either the ‘max’ or ‘A/S’ buttons can be pressed.

G. Control Unit Lock / Unlock Button
Pressing for at least 2 seconds locks the control unit settings – an audible tone sounds and an amber LED illuminates to indicate the system is locked. When locked, only the alarm mute and lock / unlock buttons remain operational.

Pressing again for at least 2 seconds unlocks the control unit (alarm sounds and amber LED extinguishes).

Warning

- The control unit will automatically unlock in the event of a power failure.
- It is recommended that after the system becomes fully operational that the lock is applied to reduce the risk of accidental or intentional tampering by children, adults with learning difficulties, pets etc.
OPERATION

Mattress Function

Establishing Pressure (supine patient)

With the patient lying supine (face upwards), use the ‘+/−’ functions to establish the best setting for effective support and comfort.

Before changing or lowering the pressure, ensure the system is working effectively by performing a ‘bottoming out’ test.

Once the system has been set for the patient, re-check it after approximately 20-30 minutes to ensure the patient is comfortable and that the unit is functioning correctly.

Bottoming Out Test

When altering the pressure setting, ensure the patient is not bottoming out (insufficiently supported by the air cells).

1. Ensure the system is in alternation mode.
2. With the patient lying in a supine position, unzip top cover just past the sacral (buttocks) region.
3. Slide a hand along a deflated cell under the patient’s sacral area. The inner static cell will remain inflated but a hand should slide easily between patient and static cell.
4. If a hand can pass under the sacral area the patient is adequately supported and pressure can be lowered as required.
5. Repeat bottoming out test if pressure has been lowered.

Establishing Pressure (upright position)

When moving the patient to a sitting or more upright position, the pressure may need to be increased to provide added support and to avoid bottoming out.

- It is important to return to the original pressure setting when the patient returns to the supine position.
- Wait a minimum of 12 minutes between pressure adjustment and patient assessment, it may take a full cycle for the system to adjust.

CPR Function

Rapid deflation of the mattress may be required for emergency treatment or system deflation. Firmly pull the release CPR tag from the side of the mattress to rapidly deflate the entire system.

To re-inflate the system after the CPR tag has been pulled, replace the CPR tag ensuring all sealing connectors are firmly attached (see image opposite) and restart the control unit. Wait for the mattress system to reach optimal pressure.

- A bottoming out test must be performed after mattress inflation, following rapid deflation.
- The re-inflation settings could be different to the settings prior to deflation. Ensure the correct pressure setting is selected.
Use of Incontinence Products

Incontinence products such as sheets or pads can be used with this system. However, product performance is likely to reduce due to the patient experiencing less pressure relief when using these aids.

If incontinence products are to be used it is recommended that regular patient skin checks are performed to ensure skin integrity is maintained.

Static Mode

Patients should always be nursed on the mattress in alternating mode but the static mode maybe selected for short intervals if a patient is finding it difficult to tolerate the alternating mode. (This could occur if, for example, the patient is in pain, nauseated or perhaps having difficulty in getting off to sleep).

When static is selected all cells inflate at the pressure at which the mattress is set, thereby offering a non moving surface. The digital control system will return to alternating mode after one hour, if not manually selected by the user. This is a safety mechanism to ensure patients are not left on a constantly inflated surface. It should be used only after assessing the risk to the patient’s skin.

To select static mode depress the ‘A/S’ button, the static LED will illuminate. The pressure can be adjusted to suit using the pressure adjustment ‘+/−’ functions on the front of the control unit.
System Removal

1. Turn off the control unit by pressing the power button for at least 2 seconds and unplug the mains cable.
2. Remove the air connection handle from the control unit and disconnect the CPR tag.
3. Place the control unit and mains cable on top of the mattress and detach the mattress from the bed frame.
4. Once air has been released from all cells, roll up the mattress and return all items to the carry bag for safe keeping.

Transport Function

1. Before patient transport, switch modes from alternating to static and wait for 12 minutes for all cells to inflate.
2. Remove the air connection handle from the control unit, sealing with the attached transport cap (see image below).
3. Turn off the control unit.

Mains Supply Power Failure

If it is known there is to be a power cut in advance, follow the instructions detailed under the heading ‘Transport Function’ prior to the power going off.

In the event of an unplanned power cut:

1. Remove the air connection handle from the control unit and seal with the attached transport cap.
2. Turn off the control unit.

⚠️ The mattress will stay inflated under normal conditions for up to 30 hours.
TROUBLESHOOTING

Control unit does not operate; no display LED’s illuminated

1. Check the mains cable is firmly plugged into a wall socket and the control unit. Check the mains power is switched on (to ensure the socket is working plug in a lamp or other fused electrical device).
2. Check the mains plug fuse (3A) then check control unit fuse (1A) – see Section ‘Maintenance’ on page 16.

<table>
<thead>
<tr>
<th>Alarm/Fault</th>
<th>Cause</th>
<th>Solution</th>
</tr>
</thead>
</table>
| Initial failure (within 50 minutes) | The control unit may not be attached to a power socket or a fuse may need replacing | 1. Reset the alarm – turn off power and press the alarm mute button.  
2. Check the handle is intact, ensuring all four sealing connectors are firmly fitted to the control unit and the air hoses. Check the CPR tag is attached and all sealing connectors are firmly secured.  
3. Check all air hoses along the inside of the mattress – each should be firmly connected. Check each air cell is securely attached to its connecting air pipe.  
4. Check all cells, pipes and hoses for any air leakage.  
5. Switch on power. |
| Pressure too low            | The red alarm LED flashes and an audible alert sounds, to indicate the control unit or mattress pressure has failed. The LED will remain illuminated until the appropriate pressure is restored. The audible alarm can be silenced by pressing the alarm mute button. | 1. Reset the alarm – turn off power and press the alarm mute button.  
2. Check the handle is intact, ensuring all four sealing connectors are firmly fitted to the control unit and the air hoses. Check the CPR tag is attached and both sealing connectors are firmly secured.  
3. Check all air hoses along the inside of the mattress – each should be firmly connected. Check each air cell is securely attached to its connecting air pipe.  
4. Check all cells, pipes and hoses for any air leakage.  
5. Switch on power. |

![Alarm LED + audible alarm](image)

**Do not try to open the control unit.**

*Opening the unit could cause personal injury or equipment damage.*
# TROUBLESHOOTING

<table>
<thead>
<tr>
<th>Alarm/Fault</th>
<th>Cause</th>
<th>Solution</th>
</tr>
</thead>
</table>
| **Alarm LED**                   | Pressure too high          | 1. Reset the alarm – turn off power and press the alarm mute button.  
2. Disconnect the air hoses to reduce pressure – reconnect when the pressure has decreased.  
3. Check for twists in the air hoses between the mattress and control unit.  
4. Switch on power. |
| + audible alarm                  |                            |                                                                                                                                                                                                            |
| **Alarm LED**                   | Alternating mode failure   | 1. Reset the alarm – turn off power and press the alarm mute button.  
2. Disconnect the air hoses to reduce pressure – reconnect when pressure has decreased.  
3. Switch on power. |
| (no alternation)                |                            |                                                                                                                                                                                                            |
| + audible alarm                  |                            |                                                                                                                                                                                                            |
| **Alarm LED**                   | Power down                 | 1. Press the alarm mute button to silence the audible alarm.  
2. Check the mains cable is firmly plugged into a wall socket and the control unit. Check the mains power is switched on (to ensure socket is working plug in a lamp or other fused electrical device).  
3. Check the mains plug fuse (3A) then check the control unit fuse (1A) – see section ‘Maintenance’ on page 16.  
**Do not try to open the control unit. Opening the unit could cause personal injury or equipment damage.** |
| + audible alarm                  |                            |                                                                                                                                                                                                            |
| **Patient is sinking or bottoming out** | The pressure may be set too low for the patient’s weight | 1. Increase the pressure setting by pressing the ‘+’ button.  
2. To check effective system performance, conduct a bottoming out test as described previously.  
**If the above actions fail to rectify the problem please see page 16.** |
Infection Control

Routine cleaning for infection control must be carried out in accordance with your local infection control policy or regulatory body.

- Regular cleaning and disinfection of the mattress system will help to prevent the risk of infection to the occupant.
- Prior to transferring the mattress system to another user ensure it has been cleaned and disinfected using the method as stated below.

Cleaning the Control Unit

- Disconnect the mains cable from the power socket before attempting to clean the control unit.
- Do not immerse the power unit in water.
- Ensure the mains cable and power unit are dry before use.

The control unit can be cleaned by wiping down with a damp cloth soaked in a sodium hypochlorite solution (1000 ppm available chlorine) and dried with a clean dry cloth.

- The power unit is not IP rated therefore care should be taken to ensure only a damp cloth is use.

Cleaning the Mattress

Before attempting to clean the mattress the top cover should be checked for physical signs of damage that may lead to strike-through (ingress of fluid through cover).

This is achieved by unzipping the top cover and looking for signs of staining to the white underside. Any evidence of strike-through will require a new cover to be fitted to the system.

⚠️ The cover must not be reused if strike-through is evident.

Wipe down with a disposable soft cloth moistened with a mild detergent and diluted in warm water (40°C), dry thoroughly before use. Wipe down with a solution of Sodium Hypochlorite or similar (up to 1,000ppm Chlorine), dry thoroughly before use.

⚠️ In extreme cases 10,000ppm Chlorine can be used but the following process must be adhered to: 1) Wipe cover down using cold water 2) Clean with Chlorine solution 3) Finally wipe cover again using cold water.

The top cover may also be decontaminated using Ethylene Oxide or the Draeger method.

Additional infection control and routine cleaning must be carried out in accordance with your local infection control policy.

Do not use Phenol based cleaning agents (e.g. Stericol, Hycoline, Clearsol etc.).

Mattress Cover Cleaning Instructions

- Machine Wash at 71°C
- Do Not Iron
- Do Not Bleach
- Do Not Dry Clean
- Tumble Dry on Low Heat

If the above washing instructions are not followed the warranty will be invalidated.
MAINTENANCE

Only authorised service personnel or Sidhil service engineers should carry out repairs or service activities. For Service & Support outside of the UK & Northern Ireland please contact the local distribution company from where this equipment was purchased. Failure to do so may result in the product warranty becoming void. **The mattress system must be serviced once yearly, as a minimum.** Sidhil also recommends that the carer performs frequent visual and operational inspections. If there are any signs of damage or the system is not performing as it should withdraw it from service until the system has been repaired and is fit for use again.

Sidhil Ltd recommend that the following maintenance procedure is performed every 12 months.

- Check that all electrical functions operate correctly on the control unit.
- Check the CPR connection on the mattress.
- Check for signs of strikethrough on the top cover.
- Check that all piping and cells within the mattress are in good condition.
- Check that all electrical cables are in good condition.
- Check the control unit housing is not cracked or damaged.
- Check that the mains cable and plug are in good condition, if either is damaged it must be replaced with a complete assembly, the plug must never be rewired.

For more detailed service information, spare parts, circuit diagrams etc. please refer to the service manual. Copies are available from Sidhil Ltd. Contact details can be found on the back of this booklet or at www.sidhil.com

Disposal of components must comply with local policy. For the control unit follow the local W.E.E.E recycling policy, do not discard in general waste. For additional assistance with disposal refer to the contact details found on the back of this booklet, at www.sidhil.com or via your local distributor.

- **If any maintenance is performed, the control unit must always be switched off at the wall first.**
- **Prior to and after performing any maintenance ensure the mattress system has been cleaned and disinfected.**

**Air Filter Replacement**

See service manual for control unit air filter maintenance and replacement.

**Good filter maintenance is critical to maintain an optimal operating system. Failure to keep the filters clean will result in system downtime and increase repair costs. It is recommended that the air filter be replaced annually. Replacement air filters are available; please see contact information on rear cover.**

**Fuse Replacement - Control Unit**

1. Switch off the power supply to the control unit.
2. Remove the mains cable from the control unit.
3. Insert a small flat head screwdriver into the groove in the fuse holder, and turn anti-clockwise (quarter turn).
4. Remove the used fuse from the fuse holder clip and discard.
5. Insert a new fuse into the fuse holder clip. Push the fuse holder into the control unit against the force of the spring and turn clockwise with the screwdriver (quarter turn).
**TECHNICAL SPECIFICATION**

<table>
<thead>
<tr>
<th>Control System</th>
<th>Digital micro controller</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cycle Time</td>
<td>12 minutes</td>
</tr>
<tr>
<td>Supply Voltage</td>
<td>220-240VAC, 50Hz</td>
</tr>
<tr>
<td></td>
<td>0.2A for Control Unit</td>
</tr>
<tr>
<td>Fuse Rating</td>
<td>Mains Plug – 3A</td>
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<td></td>
<td>Control Unit – 1A (x1)</td>
</tr>
<tr>
<td>Power Rating</td>
<td>12VA</td>
</tr>
<tr>
<td>No. of Cells</td>
<td>21 cells which includes:</td>
</tr>
<tr>
<td></td>
<td>3 static head cells</td>
</tr>
<tr>
<td></td>
<td>18 alternating cells with cell-in-cell function</td>
</tr>
<tr>
<td>Cell Height</td>
<td>215mm</td>
</tr>
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<td>Alternating therapy</td>
<td>AB pattern</td>
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<td>Maximum patient weight</td>
<td>177kgs (28 stone)</td>
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<td>Mattress Replacement</td>
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<tr>
<td>Dimensions</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Length 2000mm ± 20mm</td>
</tr>
<tr>
<td></td>
<td>Width 880mm ± 20mm</td>
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<td></td>
<td>Height 220mm ± 10mm</td>
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<td></td>
<td>Weight 10.8kgs</td>
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<td>Control Unit Dimensions</td>
<td>Height 270mm</td>
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<td>Width 290mm</td>
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<tr>
<td></td>
<td>Depth 120mm</td>
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<td></td>
<td>Weight 3.5kgs</td>
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<td>Cell material</td>
<td>210D PA/TPU</td>
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<td>Base material</td>
<td>420D PA/TPU</td>
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<tr>
<td>Cover material</td>
<td>Biocompatible PU/knitted PES. two-way stretch, 195 g/m²</td>
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<tr>
<td>Hose Connection</td>
<td>Push on connector handle</td>
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<tr>
<td>Emergency CPR</td>
<td>Rapid release tag</td>
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<tr>
<td>Mode of Operation</td>
<td>Non-continuous</td>
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<tr>
<td>Transport and storage</td>
<td>Ambient temperature -25°C to +70°C</td>
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<td></td>
<td>Humidity 10% to 93%, non condensing</td>
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<tr>
<td>Operation</td>
<td>Ambient temperature +5°C to +40°C</td>
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<td></td>
<td>Relative humidity 15% to 93%, non condensing</td>
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<td></td>
<td>Atmospheric pressure 700hPa to 1060hPa</td>
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<td>Operating altitude ≤ 2000m</td>
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<td>Pollution Degree 2</td>
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<td>Classification</td>
<td>IEC60601-1</td>
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<td>IEC 60601-1-11</td>
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<td></td>
<td>Class II equipment</td>
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<td>Applied Parts</td>
<td>Mattress - Type BF</td>
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<tr>
<td>Expected service life</td>
<td>2 years</td>
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</table>

**All product specifications are subject to change without notice.**
TECHNICAL SPECIFICATION

Definition of Symbols Used

The following symbols may appear in these instructions for use or on the control unit. Some of the symbols represent standards and compliances associated with the control unit and its use.

- **Warnings in these instructions for use highlight potential hazards that if disregarded could lead to injury or death.**

- **Cautions in these instructions for use highlight potential hazards that if disregarded could lead to equipment damage or failure.**

- **Class II equipment**

- **Manufacturer**

- **Serial Number**

- **Type BF applied part**

- **W.E.E.E Label**
  
  (Do not discard in general waste, follow local recycling policy)

- **Refer to instructions for use**

- **Authorised representative in the European community**

- **Keep Dry**

- **No Smoking**
## Declaration – electromagnetic emissions- for all ME EQUIPMENT and ME SYSTEMS

### Guidance and manufacture’s declaration – electromagnetic emission

The Plus II is intended for use in the electromagnetic environment specified below. The customer or the user of the Plus II should ensure that it is used in such an environment.

<table>
<thead>
<tr>
<th>Emission test</th>
<th>Compliance</th>
<th>Electromagnetic environment – guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td>RF emissions</td>
<td>Group I</td>
<td>The Plus II uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.</td>
</tr>
<tr>
<td>CISPR 11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>RF emission</td>
<td>Class B</td>
<td>The Plus II is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.</td>
</tr>
<tr>
<td>CISPR 11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Harmonic emissions</td>
<td>Class A</td>
<td></td>
</tr>
<tr>
<td>IEC 61000-3-2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Voltage fluctuations/ flicker emissions</td>
<td>Complies</td>
<td></td>
</tr>
<tr>
<td>IEC 61000-3-3</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## Declaration – electromagnetic immunity

The Plus II is intended for use in the electromagnetic environment specified below. The customer or the user of the Plus II should ensure that it is used in such an environment.

<table>
<thead>
<tr>
<th>Immunity test</th>
<th>IEC 60601 test level</th>
<th>Compliance level</th>
<th>Electromagnetic environment – guidance</th>
</tr>
</thead>
</table>
| Electrostatic discharge (ESD) IEC 61000-4-2 | ±6 kV contact ±8 kV air | ±6 kV contact ±8 kV air | Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.
| Electrical fast transient/burst IEC 61000-4-4 | ±2 kV for power supply lines | ±2 kV for power supply lines | Mains power quality should be that of a typical commercial or hospital environment.
| Surge IEC 61000-4-5 | ±1 kV line(s) to line(s) | ±1 kV differential mode | Mains power quality should be that of a typical commercial or hospital environment.
| Voltage dips, short interruptions and voltage variations on power supply input lines EC 61000-4-11 | <5% \(U_T\) (>95% dip in \(U_T\)) for 0.5 cycle 40% \(U_T\) (60% dip in \(U_T\)) for 5 cycles 70% \(U_T\) (30% dip in \(U_T\)) for 25 cycles <5% \(U_T\) (>95% dip in \(U_T\)) for 5 sec | <5% \(U_T\) (>95% dip in \(U_T\)) for 0.5 cycle 40% \(U_T\) (60% dip in \(U_T\)) for 5 cycles 70% \(U_T\) (30% dip in \(U_T\)) for 25 cycles <5% \(U_T\) (>95% dip in \(U_T\)) for 5 sec | Mains power quality should be that of a typical commercial or hospital environment. If the user of the Plus II requires continued operation during power mains interruptions, it is recommended that the Plus II be powered from an uninterruptible power supply or a battery.
| Power frequency (50Hz) magnetic field IEC 61000-4-8 | 3A/m | 3A/m | Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.

**NOTE** \(U_T\) is the a.c. mains voltage prior to application of the test level.
### Declaration – electromagnetic immunity – for ME EQUIPMENT and ME SYSTEMS that are not LIFE-SUPPORTING

**Guidance and manufacture’s declaration – electromagnetic immunity**

The Plus II is intended for use in the electromagnetic environment specified below. The customer or the user of the Plus II should ensure that it is used in such an environment.

<table>
<thead>
<tr>
<th>Immunity test</th>
<th>IEC 60601 test level</th>
<th>Compliance level</th>
<th>Electromagnetic environment - guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conducted RF</td>
<td>IEC 61000-4-6</td>
<td>3 V&lt;sub&gt;rms&lt;/sub&gt;</td>
<td>150 kHz to 80 MHz</td>
</tr>
<tr>
<td>Radiated RF</td>
<td>IEC 61000-4-3</td>
<td>3 V/m</td>
<td>80 MHz to 2.5 GHz</td>
</tr>
</tbody>
</table>

\[
d = 1.167\sqrt{P}
\]

Where \( P \) is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and \( d \) is the recommended separation distance in meters (m).

Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey, should be less than the compliance level in each frequency range.

Interference may occur in the vicinity of equipment marked with the following symbol:

---

**NOTE 1**  At 80 MHz and 800 MHz, the higher frequency range applies.

**NOTE 2**  These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

a. Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the Plus II is used exceeds the applicable RF compliance level above, the Plus II should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the Plus II.

b. Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.
Recommended separation distances between portable and mobile RF communications equipment and the EQUIPMENT or SYSTEM — for ME EQUIPMENT or ME SYSTEM that are not LIFE-SUPPORTING

The Plus II is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the Plus II can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the Plus II as recommended below, according to the maximum output power of the communications equipment.

<table>
<thead>
<tr>
<th>Rated maximum output power of transmitter (W)</th>
<th>Separation distance according to frequency of transmitter (m)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>150 KHz to 80 MHz</td>
</tr>
<tr>
<td></td>
<td>( d = 1.167\sqrt{P} )</td>
</tr>
<tr>
<td>0.01</td>
<td>0.117</td>
</tr>
<tr>
<td>0.1</td>
<td>0.369</td>
</tr>
<tr>
<td>1</td>
<td>1.167</td>
</tr>
<tr>
<td>10</td>
<td>3.689</td>
</tr>
<tr>
<td>100</td>
<td>11.667</td>
</tr>
</tbody>
</table>

For transmitters rated at a maximum output power not listed above, the recommended separation distance \( d \) in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where \( P \) is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

**NOTE 1** At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.

**NOTE 2** These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.
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This warranty does not cover; a) damage or failure by or attributes to acts of God, abuse, accident, misuse, improper or abnormal usage, failure to follow instructions, improper installation or maintenance, alterations, lightning or other incidence of excess voltage or current, b) any repairs other than those provided by a Sidhil Ltd authorised technician, c) consumables such as fuses, d) cosmetic damage, e) transportation, shipping or insurance costs or f) costs of product removal, installation setup service adjustment or re-installation.

This limited two year warranty gives you specific legal rights and you may also have other rights. Sidhil Ltd cannot be held responsible for any injury or incident which relates to the use of the Dynamic Mattress range in conjunction with accessories manufactured by companies other than Sidhil Ltd. All products carry the CE mark in accordance with EC Directive on Medical Devices (93/42/EEC).

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